



Please join State Representative
Ed Gainey's



Back to School Giveaway!

Saturday, August 20

Noon to 3 p.m.

**Destiny International Ministry
7061 Lemington Ave.
Pittsburgh, PA 15206**

Pittsburgh students should start the 2016 school year off right! Students in grades K through 5 who stop by on August 20 will receive a backpack and school supplies.

Students must be present to receive a backpack.

If you or your business is interested in donating supplies, backpacks or food, contact Rep. Gainey's office at (412) 665-5502.

All are welcome and I hope to see you there!



COME THAT DAY AND ENJOY:

- Helpful information on state programs for kids
- Safety information
- Food
- Music



BACKPACK SAFETY FACTS

Overloaded backpacks used by children have received a lot of attention from parents, doctors, school administrators and the media in the past several years. The U.S. Consumer Product Safety Commission estimates there are more than 7,300 backpack-related injuries annually treated by hospitals and doctors. Injuries include bruises, sprains and strains to the back and shoulder and fractures.

The American Academy of Pediatrics recommends that a child's backpack should weigh no more than 10 to 20 percent of the child's body weight. This figure may vary, however, depending on the child's body strength and fitness.

WARNING SIGNS A BACKPACK IS TOO HEAVY

- Change in posture when wearing the backpack
- Struggling when putting on or taking off the backpack
- Pain when wearing the backpack
- Tingling or numbness
- Red marks

FREE Backpack
Student must be present

Please call (412) 665-5502 for questions on this event or any other state matter.

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