

ACT F.A.S.T.

RUN *Fast*

Stroke Awareness 5k run and 1 mile walk



Date: Saturday, May 11th, 2019

Location: Encompass Health Rehab Hospital of York
1850 Normandie Dr, York PA 17408

Timeline:

8:30 am: Registration Open

9:15 am: Guest Event Speaker

9:30 am: 5K Run Start

9:45 am: 1 Mile Walk Start

Sign-up Online:

<https://www.active.com/york-pa/running/distance-running-races/encompass-health-act-f-a-s-t-run-fast-2019>

Basket raffle will take place during event

All proceeds benefit the American Heart Association



**Encompass
Health.**